

Multilevel Regression and Post-stratification Approach for Small-Area Estimation of Population Health Outcomes at Local Geographic Areas using State BRFSS via Parametric Bootstrapping

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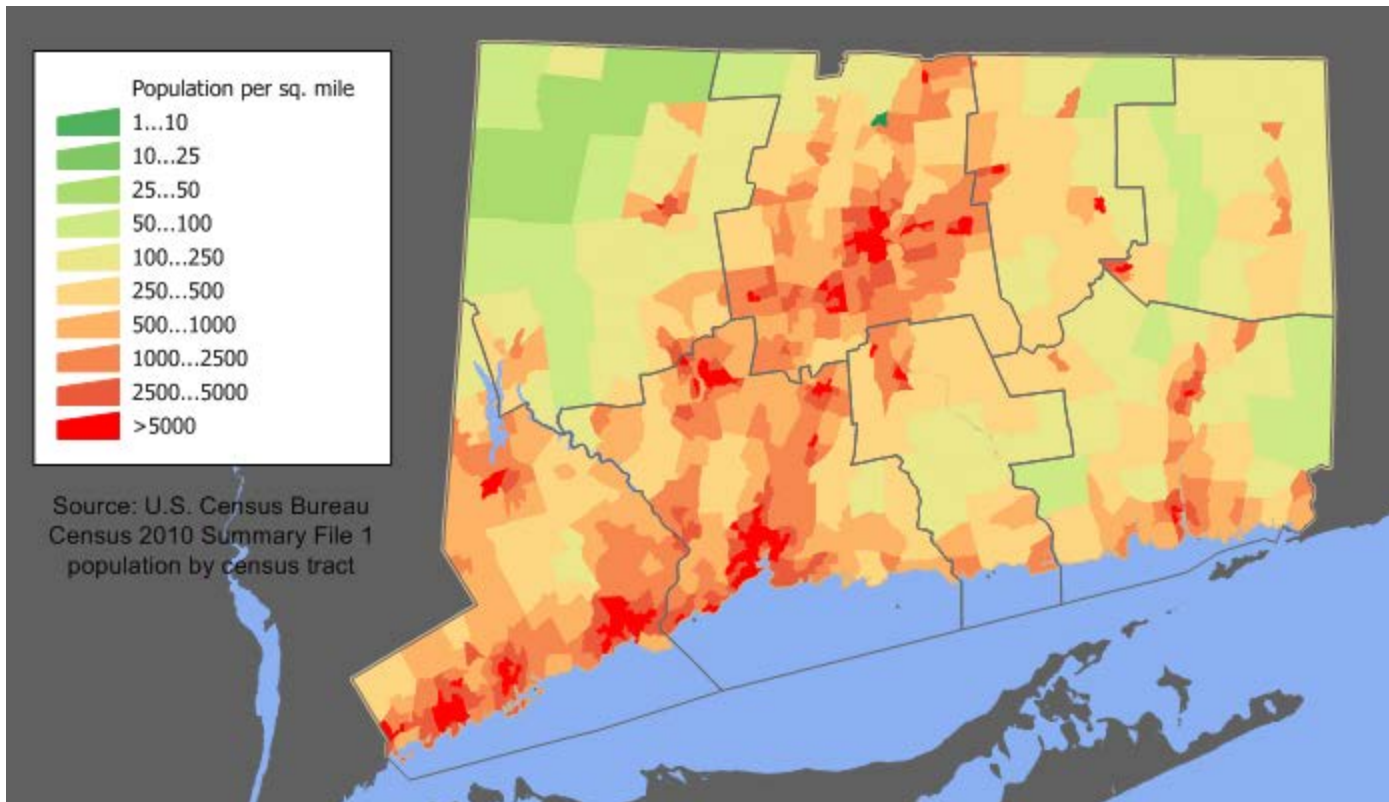
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Keeping Connecticut Healthy



Challenge of Small Area Estimation (SAE) in Connecticut



- Total population 3,574,097, 12.01% live in rural area (62.28% of total area).
Census 2010
- Eight counties, but no county health departments in CT.
- The next smallest common unit of analysis is the town.

Challenge of Small Area Estimation (SAE) in Connecticut

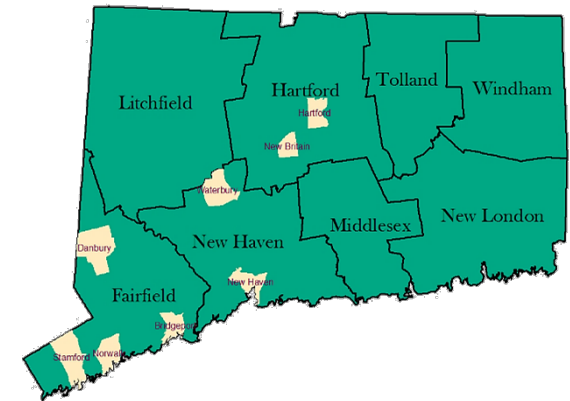
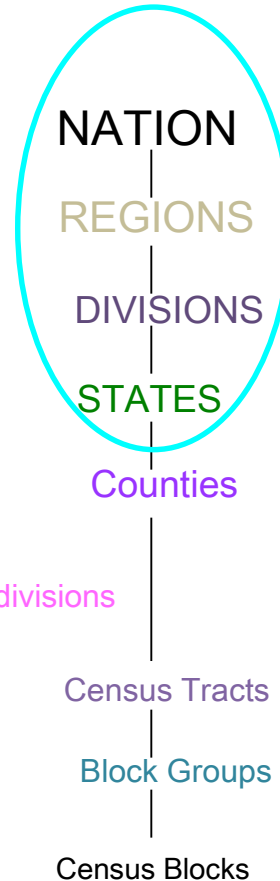
BRFSS

- Designed for state and national level
- Direct estimates

Small Area Estimation (SAE)

-statistical techniques involving estimation of reliable estimates for small areas using health survey.

- [Six](#) SAE papers published from 2016-2017, at county level.
- CDC/RWJF 500 Cities project provided SAEs at city- and census tract-level.



What Can the CT BRFSS Do for Local Health?

Health District Oversampling, with existing state weighting;

Reweight BRFSS responses at the local level;

Post-BRFSS focus surveys in sub-state geographic areas; and

Synthetic estimates (500 Cities project www.cdc.gov/500cities)

Four Steps of Multilevel Regression and Post-stratification (MRP) Framework

Construct and fit multilevel prevalence models using BRFSS data

Apply multilevel prediction models to the census population

Generate model-based SAEs via post-stratification

Validate model-based SAEs

Developed by Dr. Zhang, using all 50 states plus the District of Columbia (DC) 2014 BRFSS data.

- Zhang X et al. *American Journal of Epidemiology* (2014), 179 (8):1025-1033.
- Zhang X et al. *American Journal of Epidemiology* (2015), 182 (2): 127-137.

Current and Modified MRP

Limitations of Current MRP

- 1) Use of single year BRFSS might produce temporally inconsistent SAEs
- 2) Use of national BRFSS data including 50 states and DC
- 3) Predicted standard errors (SEs) and confidence intervals (CIs) of SAEs could be substantially underestimated or overestimated.

Extended MRP Approach

- 1) Use five year state BRFSS (2011-2015) data to produce SAEs for counties and towns in CT
- 2) Apply parametric bootstrapping approach to estimate the predicted SEs and CIs of SAEs

Methodology

Data Sources

- CT BRFSS (2011-2015)
- US Census 2010
- American Community Survey (ACS)

- Population health indicators: current asthma, depression, diabetes, obesity, high blood pressure, uninsured (18-64 yrs old);
- Population data sex*age*race;
- Poverty level data

Multilevel
Logistic Model

$$\text{logit}(p) = \log(p/(1-p)) = X\beta + r_{\text{county}} + r_{\text{town}}$$

SAS GLIMMIX

w/wo survey
weights

SAEs

Individual Demographics
(age, sex, race/ethnicity)

County and Town Context

SAEs Validation

Internal Validity

External Validity

State Weights
Compare SAEs with direct survey from single year & aggregated 5-years CT BRFSS, at town, county and state levels.

Reweighted Weights
Compare SAEs with estimates from re-weighted 5-year CT BRFSS.

Compare SAEs with direct estimates from other survey: ACS (uninsured adults 18-64 years old).

Compare Model-based SAEs and Direct Survey Estimates at the State, County, and Town Levels (CT BRFSS 2011-2015)

At State Level

PCC: 0.991 (unweighted), and 0.990 (weighted);
MAD: 0.775 (unweighted), and 0.892 (weighted).

At County Level

Unweighted SAEs(89.6%) and weighted SAEs (87.5%) were within direct survey estimates 95% confidence interval.

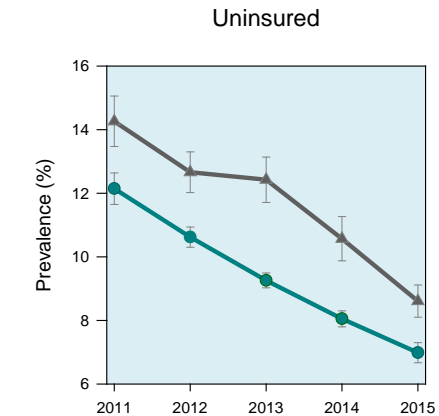
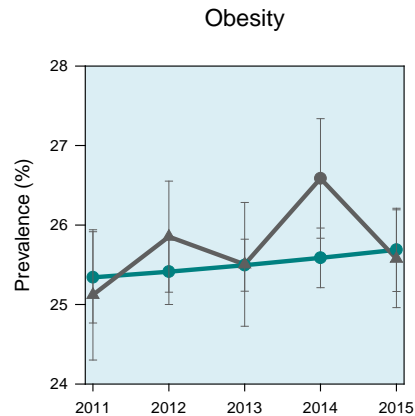
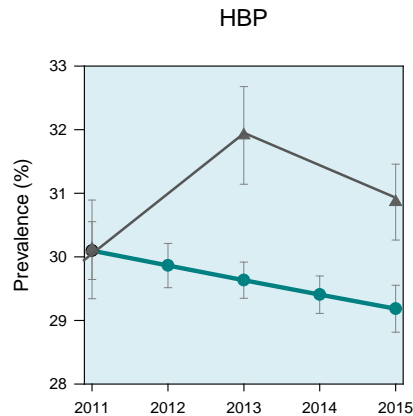
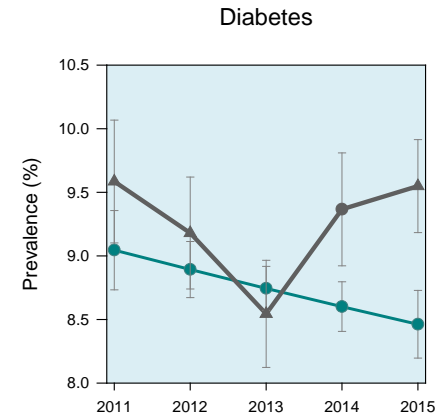
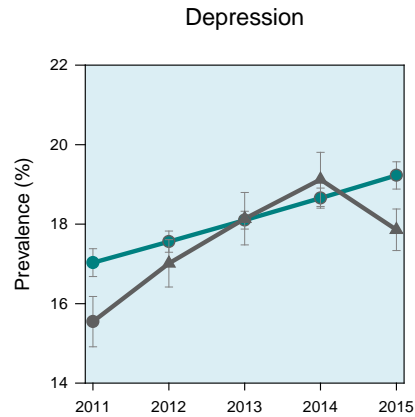
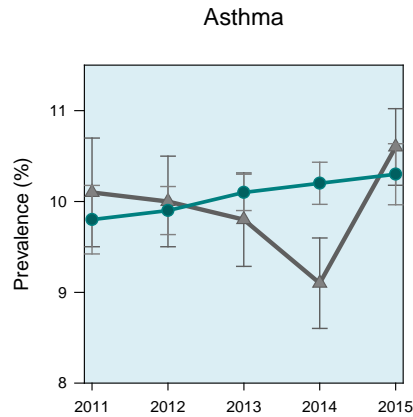
- ^a SAEs without using BRFSS final survey weights ,
^b SAEs based on using BRFSS final survey weights.

Abbreviation: Pearson correlation coefficient (PCC);
Mean absolute difference (MAD)

At Town Level

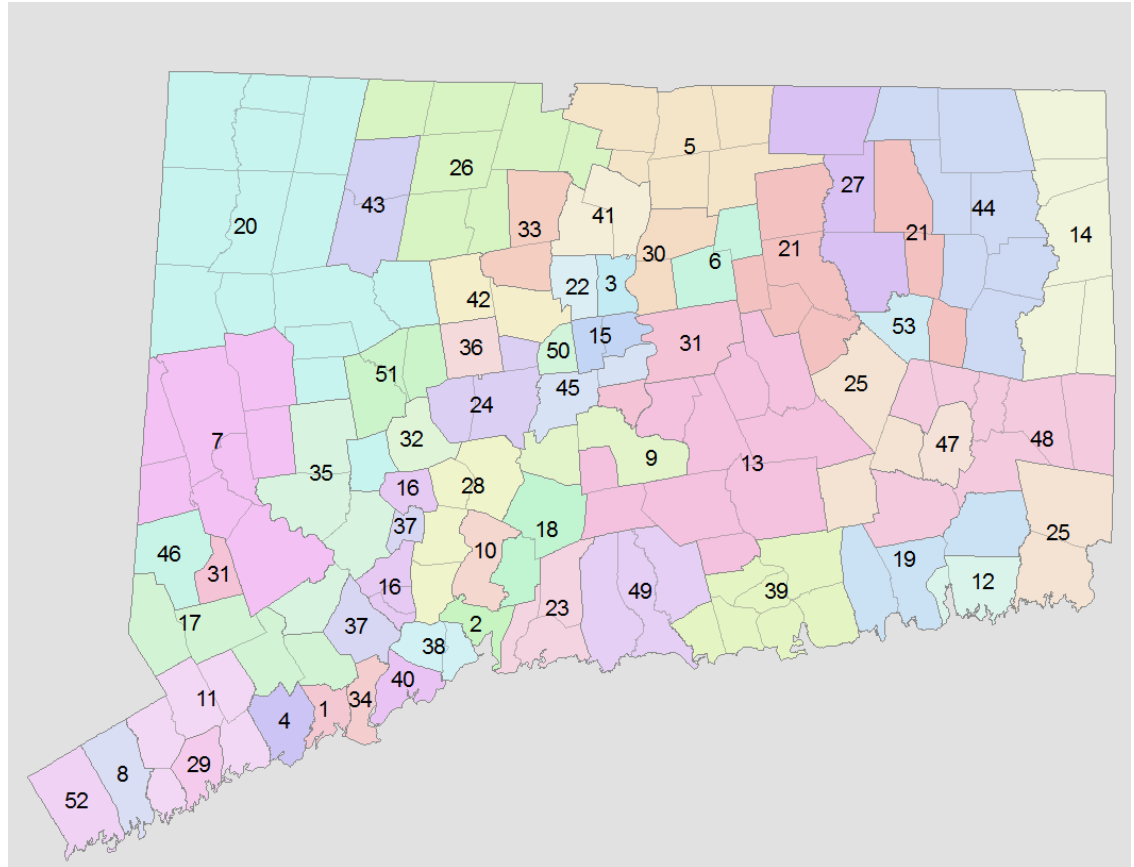
Indicators	No. of Units	PCC	MAD
Asthma			
SAE ^a	68	0.769	1.42
SAE ^b		0.831	0.58
Depression			
SAE ^a	107	0.562	1.49
SAE ^b		0.826	0.66
Diabetes			
SAE ^a	77	0.769	1.29
SAE ^b		0.548	0.26
HBP			
SAE ^a	132	0.44	1.66
SAE ^b		0.539	1.1
Obesity			
SAE ^a	130	0.89	1.13
SAE ^b		0.766	0.89
Uninsured			
SAE ^a	32	0.905	3.16
SAE ^b		0.856	3.73

Compare Model-based SAEs and Direct Survey Estimates Using Single Year CT BRFSS, at the State Level

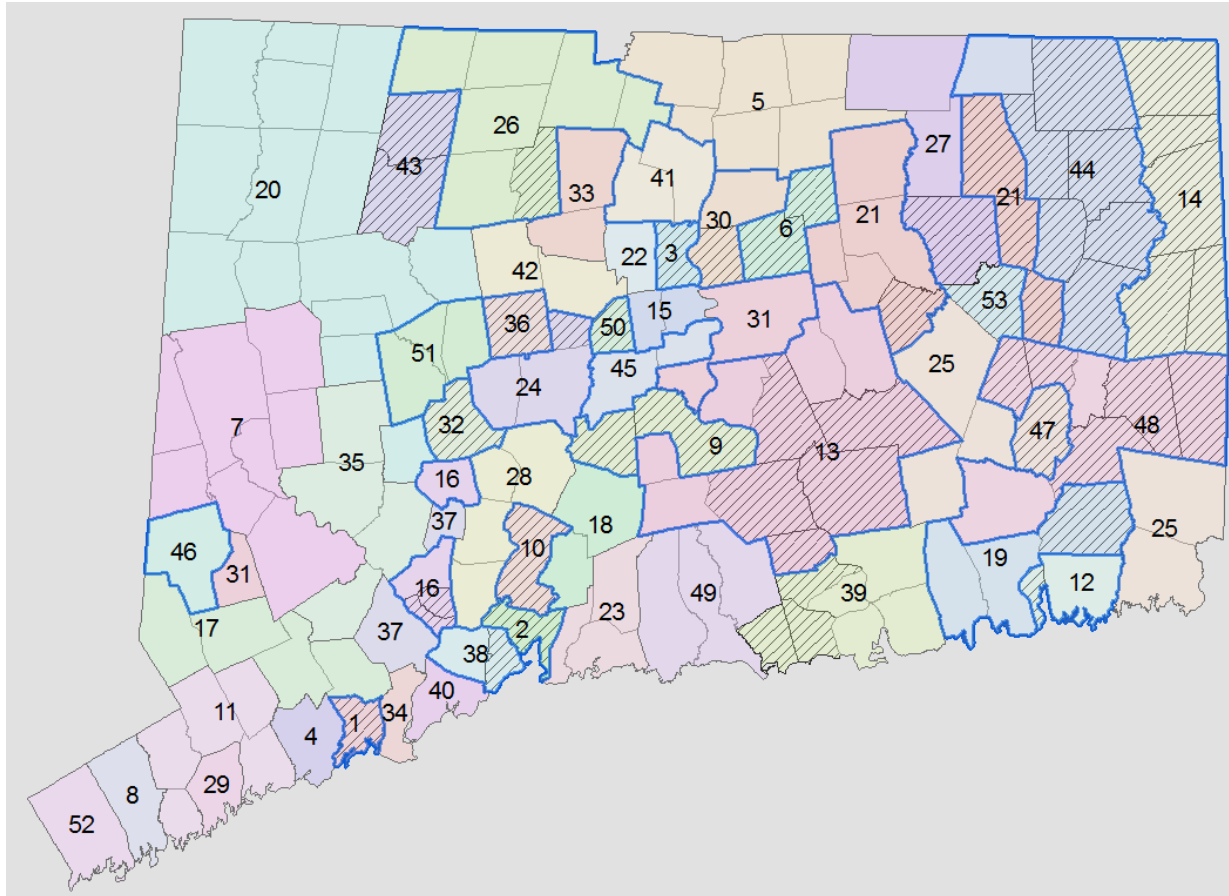





Compare Model-based SAEs and Reweighted Direct Survey Estimates

- Re-weighted 53 local area estimates using combined 5 year CT BRFSS data (2011-2015), each area requires at least 500 interviews from the responses (Stone et al., 2017).
- Heat mapping were used to show the geographic clustering, by comparing SAEs and re-weighted estimates.

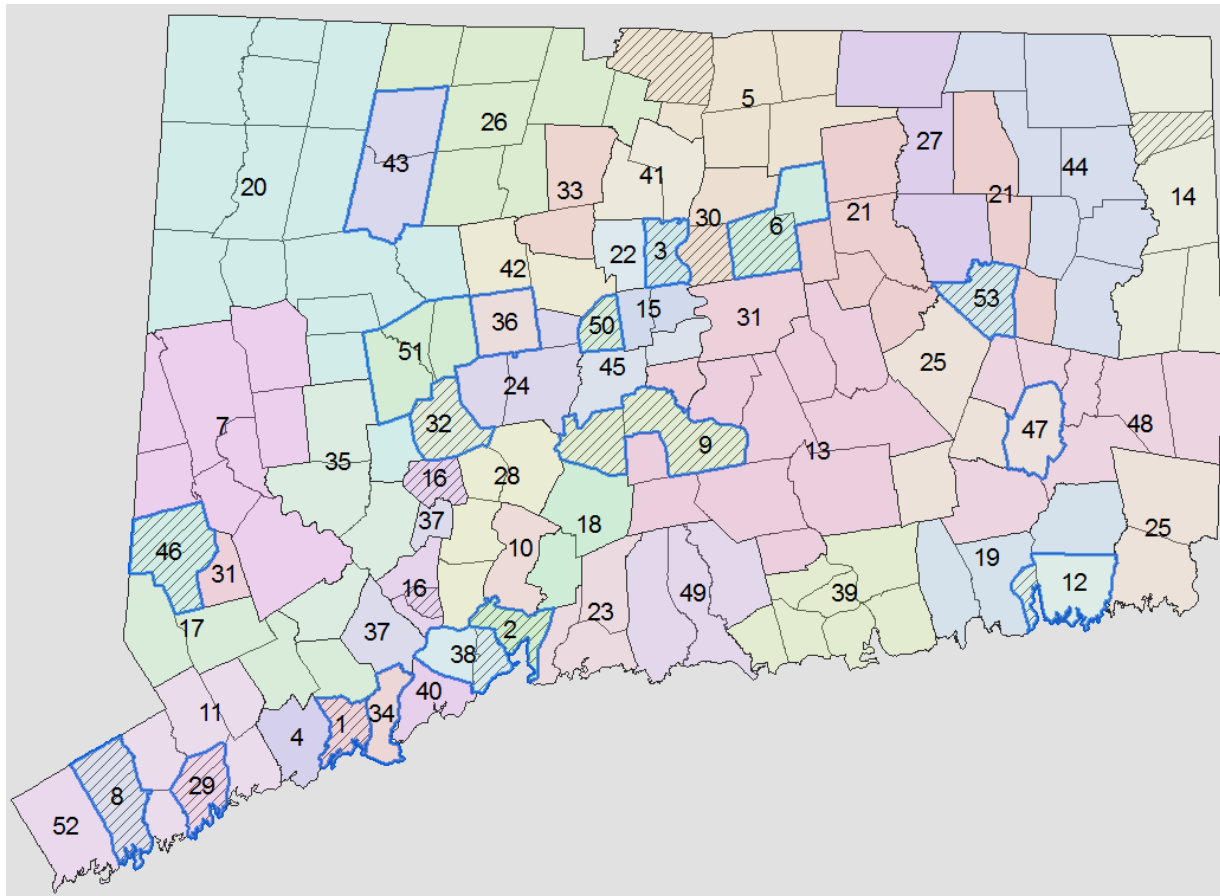





Current asthma prevalence: overlap of risk areas using SAE and reweighted estimates



-  Local areas higher than the State (Direct)
-  Towns higher than the State (SAE)
-  Lower than the State

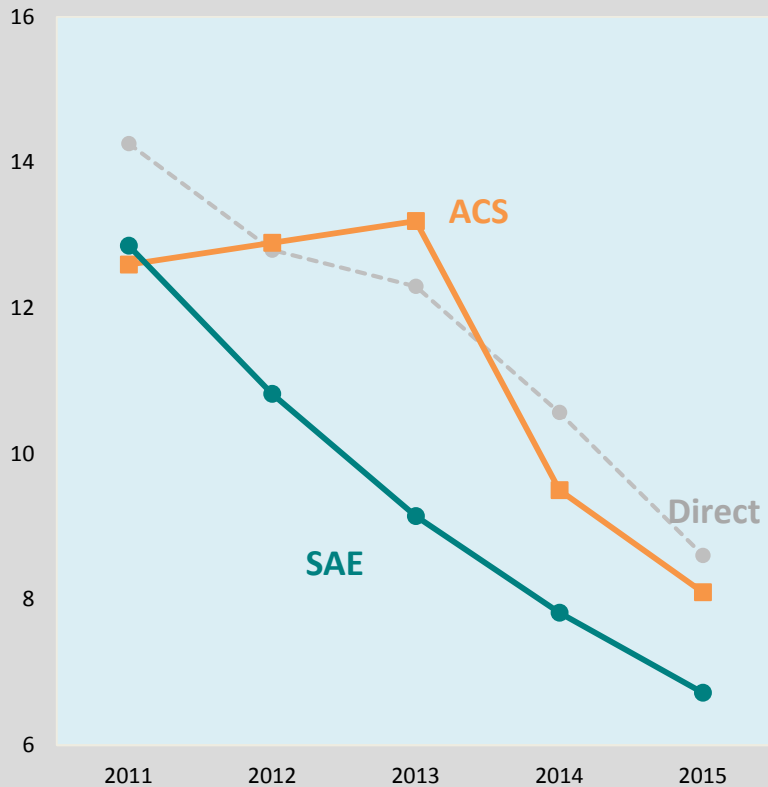
Uninsured prevalence: overlap of risk areas using SAE and reweighted estimates



-  Local areas higher than the State (Direct)
-  Towns higher than the State (SAE)
-  Lower than the State

Compare of SAEs and ACS estimates for uninsured adults

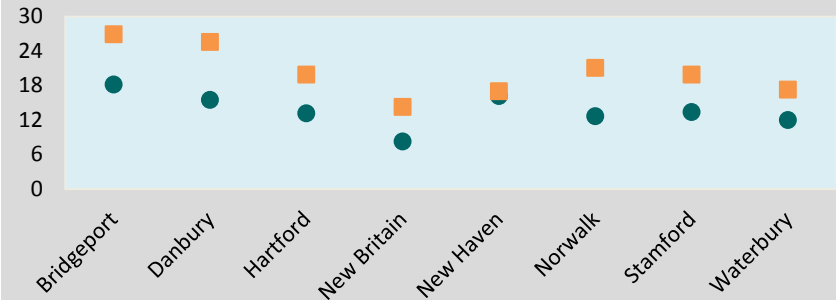
At State Level from Year 2011-2015:
PCC=0.824 (p=0.04)



At County Levels in Year 2015:
PCC=0.978 (p=0.0002)



At Town Levels in Year 2015:
PCC=0.755 (p=0.03)



Summary

Extended MRP methodology,

- ✓ Use state BRFSS data
- ✓ Produce sensible SEs and CIs of SAEs
- ✓ With flexibility to use single or multiple years data
- ✓ With flexibility to incorporate survey weights
- ✓ Estimates are valid

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Thank you!

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